Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_

Each student will be asked to complete the following survey questionnaire at orientation, before the start of the program with Pro(ACT) and at the final celebration, after completing the course of the program with Pro(ACT). Please answer all questions as honestly as each relates to you.

**Please indicate how much you agree with each of the following statements by marking the appropriate box. Would you say you strongly disagree, disagree, neither agree nor disagree, agree, or strongly agree?**

**Strongly Disagree Neither Agree Strongly**

**Disagree Agree Agree**

**nor**

**Disagree**

1. I take the responsibility for my own ❑ ❑ ❑ ❑ ❑

actions

2. I set long term goals for myself ❑ ❑ ❑ ❑ ❑

3. I am confident about my ability to lead ❑ ❑ ❑ ❑ ❑

4. I achieve anything I set out to do ❑ ❑ ❑ ❑ ❑

5. I know how to plan projects ❑ ❑ ❑ ❑ ❑

6. I feel comfortable talking in front ❑ ❑ ❑ ❑ ❑

of groups

**How often would you make the following statements about yourself?**

7. I can listen to others

❑ Never ❑ Seldom ❑ Sometimes ❑ Often ❑ Always

8. Kids I don’t like can have good ideas

❑ Never ❑ Seldom ❑ Sometimes ❑ Often ❑ Always

9. I get upset when my friends are sad

❑ Never ❑ Seldom ❑ Sometimes ❑ Often ❑ Always

10. I trust people who are not my friends

❑ Never ❑ Seldom ❑ Sometimes ❑ Often ❑ Always

11. I am sensitive to other people’s feelings, even if they are not my friends

❑ Never ❑ Seldom ❑ Sometimes ❑ Often ❑ Always

**How important is each of the following to you in your life?**

Not Somewhat Un- Important Extremely

Important Important decided Important

12. Helping to reduce hunger and ❑ ❑ ❑ ❑ ❑

poverty in the world

13. Helping to make sure all people ❑ ❑ ❑ ❑ ❑

are treated fairly

14. Helping to make the world a ❑ ❑ ❑ ❑ ❑

better place to live in

15. Helping other people ❑ ❑ ❑ ❑ ❑

16. Speaking up for equality ❑ ❑ ❑ ❑ ❑

(everyone should have the

same rights and opportunities)

**How much do you agree or disagree with each of the following statements?**

Strongly Disagree Neither Agree Strongly

Disagree Agree Agree

Nor

Disagree

17. It’s not really my problem if ❑ ❑ ❑ ❑ ❑

my neighbors are in trouble and

need help

18. I believe I can make a difference ❑ ❑ ❑ ❑ ❑

in my community

19. I often think about doing things ❑ ❑ ❑ ❑ ❑

so that people in the future can have

things better

20. It is important to me to contribute ❑ ❑ ❑ ❑ ❑

to my community and society

**How well does each of these statements describe you?**

Strongly Disagree Neither Agree Strongly

Disagree Agree Agree

Nor

Disagree

21. When I see someone being taken ❑ ❑ ❑ ❑ ❑

advantage of, I want to help them

22. When I see someone being ❑ ❑ ❑ ❑ ❑

treated unfairly, I don’t feel sorry for

them

23. I feel sorry for other people who ❑ ❑ ❑ ❑ ❑

don’t have what I have

**How much do you agree or disagree with each of the following statements?**

Strongly Disagree Neither Agree Strongly

Disagree Agree Agree Nor

Disagree

24. Adults in my town or city listen ❑ ❑ ❑ ❑ ❑

to what I have to say

25. Adults in my town or city make ❑ ❑ ❑ ❑ ❑

me feel important

26. In my town or city, I feel like I ❑ ❑ ❑ ❑ ❑

matter to people

27. In my neighborhood, there are ❑ ❑ ❑ ❑ ❑

lots of people who care about me

28. If one of my neighbors saw me ❑ ❑ ❑ ❑ ❑

do something wrong, he or she

would tell one of my parents

29. My teachers really care about ❑ ❑ ❑ ❑ ❑

me

**How often do you do each of the following activities?**

Never Seldom Sometimes Often Very

Often

30. Help make your city or town a ❑ ❑ ❑ ❑ ❑

better place for people to live

31. Help out at your church, ❑ ❑ ❑ ❑ ❑

synagogue or other place of

worship

32. Help a neighbor ❑ ❑ ❑ ❑ ❑

33. Help out at your school ❑ ❑ ❑ ❑ ❑

**How likely are you to do the following activities? Mark the box for each item that best indicates how likely you are to do what the item says.**

Not at all Not too Not sure Somewhat Very

likely likely how likely likely

likely

34. Reporting a crime that you ❑ ❑ ❑ ❑ ❑

may have witness

35. Participating in neighborhood ❑ ❑ ❑ ❑ ❑

organizations (school, religious,

community, recreational)

36. Helping to keep the ❑ ❑ ❑ ❑ ❑

neighborhood safe

37. Helping to keep the neighbor- ❑ ❑ ❑ ❑ ❑

hood clean and beautiful

38. Helping those who are less ❑ ❑ ❑ ❑ ❑

fortunate

**If you found out about a problem in your community that you wanted to do something about, how well do you think you would be able to do each of the following?**

I definitely I probably Maybe I probably I definitely

can’t can’t can can

39. Create a plan to address ❑ ❑ ❑ ❑ ❑

the problem

40. Get other people to care ❑ ❑ ❑ ❑ ❑

about the problem

41. Organize and run a ❑ ❑ ❑ ❑ ❑

meeting

42. Express your views in front ❑ ❑ ❑ ❑ ❑

of a group of people

43. Identify individuals or groups ❑ ❑ ❑ ❑ ❑

who could help you with the

problem

44. Write an opinion letter to ❑ ❑ ❑ ❑ ❑

a local newspaper

45. Call someone on the phone ❑ ❑ ❑ ❑ ❑

that you had never met before

to get their help with the problem

46. Contact an elected official ❑ ❑ ❑ ❑ ❑

about the problem

47. Organize a petition ❑ ❑ ❑ ❑ ❑

**Mark the box that represents the best answer for you.**

Strongly Disagree Neither Agree Strongly

Disagree agree Agree nor

disagree

47. Most people who ask for ❑ ❑ ❑ ❑ ❑

help are just being lazy

48. I only care about my family ❑ ❑ ❑ ❑ ❑

and friends; other people can

take care of themselves

49. People should look after ❑ ❑ ❑ ❑ ❑

themselves and not try to

solve other people’s problems

50. I should just take care of ❑ ❑ ❑ ❑ ❑

myself and let others take

care of themselves

51. People should work out ❑ ❑ ❑ ❑ ❑

their own problems by

themselves

52. A student has enough ❑ ❑ ❑ ❑ ❑

schoolwork to do without

worrying about other

students’ work

53. Problems in other parts ❑ ❑ ❑ ❑ ❑

of the world are not my

concern

54. When I see someone ❑ ❑ ❑ ❑ ❑

having a problem, I want to help

55. Everybody has enough ❑ ❑ ❑ ❑ ❑

problems of their own without

worrying about other people’s

problems

56. When I hear about people ❑ ❑ ❑ ❑ ❑

who are sad or lonely, I want

to do something to help

**Below is a list of statements dealing with your general feelings about yourself. Please indicate how strongly you agree or disagree with each statement.**

Strongly Disagree Neither Agree Strongly

Disagree agree Agree nor

disagree

57. On the whole. I am ❑ ❑ ❑ ❑ ❑

satisfied with myself

58. At times I think I am ❑ ❑ ❑ ❑ ❑

no good at all

59. I feel that I have a ❑ ❑ ❑ ❑ ❑

number of good qualities

60. I am able to do things ❑ ❑ ❑ ❑ ❑

as well as most other people

61. I feel I of not have much ❑ ❑ ❑ ❑ ❑

to be proud of

62. I certainly feel useless ❑ ❑ ❑ ❑ ❑

at times

63. I feel that I’m a person ❑ ❑ ❑ ❑ ❑

of worth, at least on an equal

plane with others

64. I wish I could have more ❑ ❑ ❑ ❑ ❑

respect for myself

65. All in all, I am inclined ❑ ❑ ❑ ❑ ❑

to feel that I am a failure

66. I take a positive attitude ❑ ❑ ❑ ❑ ❑

toward myself

**Please indicate how much these statements describe you.**

Not at all A little Somewhat A lot Exactly

like me like me like me like me like me

67. I feel bad when someone ❑ ❑ ❑ ❑ ❑

gets their feelings hurt

68. I understand how those ❑ ❑ ❑ ❑ ❑

close to me feel

69. It is important to me to ❑ ❑ ❑ ❑ ❑

understand how other people

feel

70. I am happy when others ❑ ❑ ❑ ❑ ❑

succeed