

SUMMIT ON
OPIOID & TOBACCO
ADDICTION FOR
INDIANA FUNDERS

#ImproveIndianaHealth

Selected Examples of Current Funders of Opioid and Tobacco Initiatives

The following examples provide highlights of funders from Indiana and around the country that are addressing opioid and tobacco use in their communities in a variety of ways. While this is by no means a comprehensive list of funding initiatives, it does represent a range of the ways in which different types of funders have supported strategies to reduce opioid and tobacco use.



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The New Hampshire Charitable Foundation

The New Hampshire Charitable Foundation (NCHF) is New Hampshire's statewide community foundation and was founded in 1962. NCHF manages a growing collection of more than 1,700 funds and awards more than \$30 million in grants and scholarships every year.

ISSUE: The Foundation has made a long-term commitment to reduce substance use among New Hampshire youth. Among U.S. states, New Hampshire ranks in the top ten for illicit drug use.

RESPONSE: NCHF developed its Substance Use Disorder Portfolio to work with partners to implement proven prevention strategies, expand access to treatment, and support recovery. More than \$42 million has been granted from this portfolio since 1996, with efforts including:

- » Leading a statewide comprehensive public-private initiative to tackle the chronic problem of addiction.
- » Investing in public policy and advocacy to reduce and prevent alcohol and drug use; and in work that expanded health insurance coverage for treatment.
- » Preventing youth substance use by supporting New Hampshire's system of Regional Public Health Networks and by funding proven programs like Life of an Athlete, Youth Leadership Through Adventure, the Partnership for a Drug-Free New Hampshire and Media Power Youth.
- » Partnering with the Conrad N. Hilton Foundation in a multi-year grant program with medical practices to implement the Screening, Brief Intervention and Referral to Treatment (SBIRT), a proven screening and intervention protocol, as part of primary health care.
- » Investing in the Center for Excellence in Alcohol and Other Drug Services to provide communities, practitioners, policymakers and others with best practices, education, and technical assistance.
- » Funding treatment centers so they are prepared to care for more patients under the Affordable Care Act.

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Interact for Health

Interact for Health is a foundation located in Cincinnati, Ohio, that serves 20 counties in Ohio, Kentucky, and Indiana. Its goal is to improve the health of people in the Cincinnati region by being a catalyst for health and wellness, promoting healthy living through grants, education, and policy.

ISSUE: As part of its mission to boost people's ability to live a good life, Interact for Health has focused on the need to help individuals make healthy choices about substance use. This means not only avoiding drugs such as heroin, but also drinking alcohol in moderation, not smoking and not misusing prescription pain medications.

RESPONSE: Interact for Health awards grants to establish tobacco-free environments to encourage nonsmoking and to increase the number of places that are free from secondhand smoke. It also supports efforts to enact policies to create tobacco-free environments in public spaces. Interact for Health also funds the development and implementation of comprehensive plans for counties to promote prevention of the opioid epidemic and reduce harm from opioid misuse. Examples of Interact for Health's work include the following:

- » To support tobacco-free environments, Interact for Health awarded over \$300,000 in six grants ranging from \$15,000 to \$100,000 to increase tobacco-free environments in the Greater Cincinnati region in April 2014.
- » Activities supported by Interact for Health have resulted in implementation of tobacco-free policies at six behavioral health agencies and a community college and approximately 47,000 more people now living and working in tobacco-free environments. Six other organizations are currently working to develop and implement tobacco-free policies across the region in foster homes, parks, schools, public housing, fairgrounds and senior citizen facilities.
- » Interact for Health helped create comprehensive plans to address the opioid epidemic in Northern Kentucky and Hamilton County, Ohio. In addition, Interact for Health funded the creation of plans that are in progress in Southeast Indiana and three Ohio counties.
- » Interact for Health has supported multiple organizations that distribute overdose reversal kits to families, friends and organizations serving opioid addicts. For example, the Cincinnati Exchange Project has served about 1,000 people since early 2014. In addition, approximately 100 lives have been saved and 400 kits have been distributed.
- » Interact for Health hosted a 2015 Regional Opiate Summit for community members and professionals in Ohio, Kentucky, and Indiana affected by the prescription drug epidemic. The summit provided six program tracks for attendees, with presentations focusing on Harm Reduction, Treatment, Prevention, Supply Reduction, Advocacy, and Physicians.

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The Lutheran Foundation

The Lutheran Foundation is a Christ-centered public charity serving a 10-county region in northeast Indiana through Lutheran Congregation Grants, Lutheran Education Grants, and Building a Healthier Community Grants.

ISSUE: In the course of recent strategic planning, The Lutheran Foundation identified mental and behavioral health and wellness as a strategic funding priority. In October 2013, it conducted a mental health needs assessment within its 10-county service area – Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wabash, Wells, and Whitley – to identify gaps in service and greatest needs.

RESPONSE: The Foundation continues to invest in the community through its Building a Healthier Community Grants. In addition:

- » The Foundation created the Look Up Initiative, a web-based resource designed to provide mental and behavioral health information, including information and resources related to opioid addiction. The website also provides two crisis connections (providing an 800# and a text-to-chat component), and aims to reduce the stigma associated with serious health issues. At LookUpIndiana.org, visitors can search for providers throughout northeast Indiana, read information, browse recent news and blog posts, check for upcoming events and find help 24/7, 365 days a year. Plans are underway to identify partners to expand the website state-wide.
- » The community needs assessment became a valuable tool, which the Foundation shared widely. Area organizations, including Parkview Health, used some of the research in the needs assessment in a grant request to the Robert Wood Johnson Foundation to support research in telemental health among adolescents and young adults. Parkview Health was awarded the grant.
- » The Foundation founded a Regional Mental Health Coalition, bringing together segments of the community within its 10-county footprint to focus on improving mental and behavioral health and wellness. Goals include: 1) collaboration of efforts to ensure best mental and behavioral healthcare; 2) promotion of collaborative mental and behavioral health messaging; 3) promotion of mental and behavioral health conversations and campaigns to reduce stigma; 4) prioritizing money for mental health services and resources and to ensure efficiency of resources; and 5) advocacy for policy and systemic changes.
- » The Foundation developed a partnership with Indiana's Division of Mental Health and Addiction (DMHA) System of Care to focus on improving mental and behavioral health for youth and their families. It is the fiscal agent for two system of care grants (Allen and Adams counties). Kristina Johnson, Director of Community Initiatives, is a member of the Indiana DMHA/System of Care governance board.
- » The Foundation partners with Juvenile Detention Alternative Initiatives (JDAI), focusing on providing solutions within juvenile justice to better service the needs of youth and their families. Kristina serves on the state advisory committee for JDAI.

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Porter County Community Foundation

Founded in 1996 in response to a challenge grant from the Lilly Endowment, the Porter County Community Foundation today holds over \$45 million in assets, has connected with more than 6,000 donors, and distributes over \$2 million a year in grants to nonprofit organizations and scholarships to local students.

ISSUE: Porter County has a growing epidemic of substance abuse, including higher than state average rates for the use of alcohol, marijuana, and other non-prescribed drugs, plus rising death rates from heroin use. (Porter County continually ranks in the top 10 in the nation for opiate fatalities per capita.)

RESPONSE: In addition to the Porter County Community Foundation's open grant process, which funds various programs and services related to substance abuse, the Foundation has taken a leadership role in convening conversations around substance abuse and supporting additional research to inform concerned stakeholders.

- » Through its ongoing grantmaking, the Foundation provides support to area non-profit organizations. For example, the Foundation has awarded support to Frontline Foundation Inc., a non-profit substance abuse recovery program whose mission is to provide outreach to residents suffering from addiction. A grant from the Porter County Community Foundation afforded Frontline an interactive curriculum that helps young men and women reinforce new life skills.
- » The Foundation and other community leaders came together in 2013 to form Empower Porter County to focus on substance abuse. Its goal is to save lives and create healthy communities, where youth and adults can thrive as productive citizens, by reducing substance abuse. Convening conversations with community leaders and funding partners, Empower has led the development of a pilot program in the Valparaiso Community Schools system called "Around the Table," a substance-abuse prevention initiative which will bring together third-graders and their families for three weekly sessions featuring a potluck meal and age-appropriate curriculum on Family Values, Communication, and Resilience.
- » In 2016, the Foundation, through Empower Porter County, commissioned the Institute for Social and Policy Research at Purdue University Northwest to issue a series of reports which are intended to help the community better understand the issues of alcohol, tobacco, drug and other substance abuse. The report provides a baseline of reliable information regarding substance abuse issues, prevention tactics and treatment, and recovery resources throughout Porter County.

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The Health Foundation of Greater Indianapolis

The Health Foundation of Greater Indianapolis serves the community's most vulnerable citizens by funding health-related projects and organizations not easily supported by other means. Current funding priorities include ending HIV/AIDS in a generation, supporting the operation of syringe exchange programs in Indiana, and support for access to primary healthcare for school aged children through the development and operation of school based health clinics.

ISSUE: In 2014, the worst single HIV & Hepatitis C outbreak in the United States occurred in Scott County, Indiana. This outbreak was linked to injection of the pain medication Opana, as well as other opioid prescription drugs and heroin. Historically, Scott County experienced a handful of new HIV cases annually. However, from December 2014 through June of 2015, 191 new cases of HIV were identified in and around the town of Austin with a population of just 4,200. Over 80% of the newly identified HIV cases also tested positive for Hepatitis C.

RESPONSE: The Health Foundation's response included the following:

- » As an immediate response, the Health Foundation's AmeriCorps team of six individuals were deployed to Scott County twice in the Spring of 2015. During this exercise, the AmeriCorps team conducted 66 HIV antibody tests and had 6 reactive tests for a positivity rate of 8.33%. In addition, \$7,000 in harm reduction kits (wound care kits, bleach bottles, and rinse bottles) were provided to the Scott County Health Department.
- » The HIV outbreak in Scott County created an overwhelming need for testing and treatment services. However, the southeastern region of Indiana was greatly lacking in capacity. Therefore, to address the outbreak from a longer-term perspective, the Health Foundation provided a \$20,000 grant to the Indiana Primary Healthcare Association and the Midwest AIDS Training & Education Center to provide technical assistance for HIV testing and treatment training to medical professionals and providers in Southern Indiana. These trainings were made available to physicians, nurse practitioners, nurses, and medical assistants of Federally Qualified Health Centers (FQHCs), Community Health Centers (CHCs), and private practice.
- » The Health Foundation convened stakeholders from around the State of Indiana to develop a legislative advocacy agenda that would include educating lawmakers about HIV. The advocacy work coincided with the timing of the Scott County outbreak, and as a result of their efforts, a syringe exchange law was passed in the State of Indiana. The Health Foundation also worked very closely with the Indiana State Department of Health during the Scott County outbreak and built lasting relationships and partnerships.
- » The Health Foundation also developed a partnership at the national level with AIDS United, a national advocacy and programmatic organization. AU has a Syringe Access Fund program in cooperation with other national foundations. In partnership with the support received from the Syringe Access Fund, the Health Foundation made grants to four county health departments in Indiana operating syringe exchange programs.

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Community Health Network

Ranked among the nation's most integrated healthcare systems, Community Health Network is central Indiana's leader in providing convenient access to exceptional healthcare services, where and when patients need them – in hospitals, health pavilions and doctor's offices, as well as workplaces, schools and homes. As a non-profit health system with over 200 sites of care and affiliates throughout Central Indiana, Community's full continuum of care integrates hundreds of physicians, specialty and acute care hospitals, surgery centers, home care services, MedChecks, behavioral health and employer health services. Community Health Network Foundation is the non-profit philanthropic organization of Community Health Network.

ISSUE: Community Health Network is responding to the recent epidemic of opioid and heroin addiction that is impacting the health and well-being of the Central Indiana citizens. Consequently, Community has developed prevention and treatment strategies to tackle the epidemic.

RESPONSE: Community Health Network's response has included:

- » Taking the lead on evaluating opioid use and Neonatal Abstinence Syndrome (NAS). As one of only four pilot centers in Indiana, Community participates in a study the Indiana State Department of Health is conducting under a 2014 mandate from the Indiana General Assembly. Community and the other members of the NAS Task Force are charged with determining the prevalence of NAS and developing a standard way to diagnose and track the condition as well as ultimately help health care providers figure out how to prevent and treat it.
- » Serving nearly 170,000 elementary, middle and high school students through a collection of Central Indiana schools where registered nurses, physicians, behavioral health therapists and other caregivers treat everyday issues, help students beat addictions and prevent suicide through Community's Zero Suicide Initiative.
- » Providing pain management education to Community's primary care providers who can prescribe safe medications and screen for opioid abuse.
- » Modifying Community's electronic medical record to identify smokers through screening questions and then offer cessation treatments and education.
- » Offering public naloxone training classes where attendees receive education about overdose and treatment, training on how to administer naloxone and one free naloxone kit.

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